Population
Less than 1000
1000 - 10000
10000 - 50000
50001 - 100000
100001 - 300000
300001 - 1000000
Over 1 Million People
Motorway
Dual Carriageway
0
30
60 miles
0
50
100 Kilometres
Shetland Islands
Mossbank
Brae
Symbister
Scalloway
Lerwick
Sandwick
(1)
Orkney Islands
Stromness
Kirkwall
St Margarets Hope
Outer Hebrides
Port of Ness
Stornoway
Isle of Lewis
Tarbert
Harris
North Uist
Lochmaddy
Uig
Portree
Isle of Skye
South Uist
Lochboisdale
Rum
Inner Hebrides
Coll
Tiree
Isle of Mull
Jura
Islay
Port Ellen
Arran
Campbeltown
Gills
John o'Groats
Thurso
Durness
Bettyhill
Reay
Tongue
Mybster
Watten
Wick
Scourie
Lybster
Lochinver
Inchnadamph
Loch Shin
Helmsdale
Brora
Golspie
Ullapool
Dornoch
Tain
Fionn Loch
Gairloch
Loch Maree
Kinlochewe
Invergordon
Cromarty
Garve
Dingwall
Nairn
Forres
Elgin
Lossiemouth
Buckie
Banff
Macduff
Fraserb
Keith
Turriff
Inverness
Huntly
Burgie House
Ellon
Kyle of Lochalsh
Dornie
Kyleakin
Loch Ness
Inverurie
Dyce
Aviemore
Loch Cluanie
Fort Augustus
Aberdee
Loch Garry
Loch Oich
Newtonmore
Invergarry
Braemar
Ballater
Banchory
Portlethen
Mallaig
Tarbet
Loch Morar
Loch Lochy
Stonehaven
Spean Bridge
Loch Ericht
Fort William
Blair Atholl
Shiel Bridge
Pitlochry
Brechin
Montrose
Glencoe
Loch Rannoch
Kirriemuir
Forfar
Blairgowrie
Coupar Angus
Arbroath
Loch Tay
Dundee
Tyndrum
Tayport
Oban
Dalmally
Crianlarich
St Fillans
Perth
Crieff
Ardlui
Auchterarder
Cupar
St Andrews
Loch Awe
Callander
Crail
Kinross
Anstruther
Loch Fyne
Tarbet
Dunblane
Glenrothes
Loch Leven
Buckhaven
Loch Lomond
Stirling
Alloa
Kirkcaldy
Dunfermline
North Berwick
Helensburgh
Falkirk
Edinburgh
Dunbar
Dumbarton
Cumbernauld
Greenock
Kirkintilloch
Haddington
Glasgow
Livingston
Dalkeith
Eyemouth
Rothesay
Paisley
Penicuik
East Kilbride
Blantyre
Berwick
Larkhall
Kilwinning
Kilmarnock
Coldstream
Irvine
Galashiels
Kelso
Troon
Selkirk
Prestwick
Ayr
Jedburgh
Hawick